



Allergy-Friendly Dining Tips

*Menu items can be made gluten-free upon request.

Each location offers gluten-free brownies and
gluten-free chocolate chip cookies.

Please note that Walt Disney Parks and Resorts will use reasonable efforts to prevent the introduction of the allergen of concern into the food through close attention during our sourcing, preparation and handling processes. However, it is ultimately up to the Guest to use his or her individual discretion to make an informed choice regarding whether to order any particular items. Walt Disney Parks and Resorts cannot guarantee that allergens may not have been introduced during another stage of the food chain process or, even inadvertently, during preparation. We do not have separate kitchens to prepare allergen-free items or separate dining areas for Guests with allergies or intolerances.

Pizzafari

*Pepperoni Pizza

Individual pizza, freshly-baked with tangy tomato sauce, mozzarella, and spicy pepperoni slices. Served with a side Caesar salad.

Allergy-friendly: Egg, peanut, tree nut, shellfish, fish

*Chicken, Vegetable, and Pasta Salad

Freshly grilled chicken tossed with wheat penne pasta in a roasted tomato dressing.

Allergy-friendly: Corn, peanut, tree nut, dairy, soy, shellfish, fish

*Hot Italian-style Sandwich

This mouth-watering sandwich features layers of ham and turkey, fresh lettuce, juicy tomatoes, and slices of Swiss topped with pesto and a Caesar dressing. Served between two toasted slices of delicious muffaletta bread and with your choice of carrot sticks or chips.

Allergy-friendly: Peanut, tree nut, shellfish

*Caesar Salad

Hand-tossed, freshly grilled chicken breast with Romaine lettuce.

Allergy-friendly: Peanut, tree nut, shellfish

Gluten-Free Macaroni & Cheese

A bowl of our deliciously creamy, gluten-free macaroni & cheese. Served with your choice of apple slices or french fries.

Allergy-friendly: Wheat, soy, corn, egg, peanut, tree nut, shellfish, fish

Flame Tree Barbecue

*½ Slab of St. Louis Ribs

Our delicious ribs, smoked in-house, and topped with our trademark barbecue sauce. Accompanied by slowly baked beans and refreshing coleslaw.

Allergy-friendly: Dairy, peanut, tree nut, shellfish, fish

*Smoked Chicken Salad

Freshly-smoked chicken, mixed greens, arugula, shredded carrots, pinto and garbanzo beans, tortilla chips and corn, tossed in a Balsamic vinaigrette and drizzled with Chipotle Ranch dressing.

Allergy-friendly: Peanut, tree nut, shellfish, fish

*Ribs & Chicken Combo

The best of both worlds: Ribs and Chicken, direct from our kitchen's smokehouse. This special combination platter is served with our homemade baked beans and coleslaw.

Allergy-friendly: Dairy, peanuts, tree nuts, shellfish, fish

Fruit Plate

A refreshing plate of fresh, seasonal fruit. Served with a side of honey yogurt.

Allergy-friendly: Wheat, soy, corn, eggs, peanuts, tree nuts, shellfish, fish

*Smoked Turkey Breast Sandwich

Turkey, smoked on-site, paired with lettuce and tomato.

Allergy-friendly: Peanut, tree nut, shellfish, fish

Restaurantosaurus

*Angus Bacon Cheeseburger

Flame-broiled Angus Burger topped with bacon, melted American cheese, and served with your choice of apple slices or french fries.

Allergy-friendly: Egg, peanut, tree nut, shellfish, fish

*Macaroni & Cheese Hot Dog

Creamy, macaroni & cheese and tasty bacon bits top our delicious hot dog. Served with your choice of apple slices or french fries.

Allergy-friendly: Peanut, tree nut, shellfish, fish

*Chicken Breast Nuggets

Freshly fried white-meat chicken breast nuggets, served with your choice of apple slices or french fries.

Allergy-friendly: Peanut, tree nut, shellfish, fish

*Grilled Chicken Sandwich

Grilled breast of chicken topped with Remoulade, tomatoes, basil, and American cheese. Served on a toasted bun with your choice of apple slices or french fries.

Allergy-friendly: Peanut, tree nut, shellfish, fish

Gluten-Free Macaroni & Cheese

A bowl of our deliciously creamy, gluten-free macaroni & cheese. Served with your choice of apple slices or french fries.

Allergy-friendly: Wheat, soy, corn, egg, peanut, tree nut, shellfish, fish